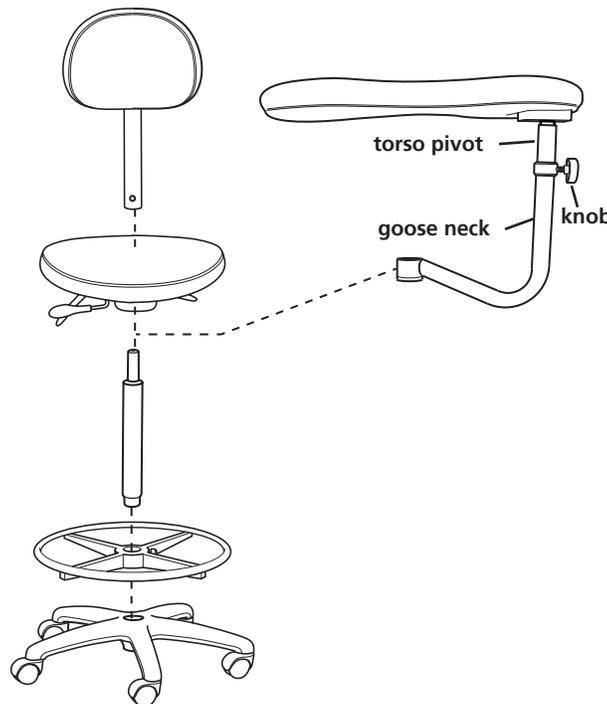


Congratulations ! By investing in your health with a Posiflex product, you've just increased your quality of life.

Assembly



1- Slightly unscrew adjusting knob from the gooseneck.

2- Slowly slide torso pivot in the goose neck, making sure the key way is aligned with the square nut from the adjusting knob on the inside of the goose neck. Do not loosen the adjusting knob too much as the square nut may come off the adjusting screw.

3- Tighten the adjusting knob slightly in order to get the desired torso support height.

How many hours do you spend in your chair ?

How much time have you spent adjusting it ?

Take a few minutes ...

Comfort at work

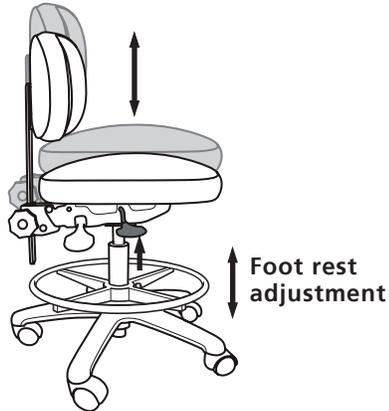
Multiple areas of support : lumbar, abdominal, and elbows. Reduced muscle stress and static load to the upper body.

In the beginning, you may have to relocate some of the items you use your everyday, however, remember that the benefits of using the Posiflex 8 are far greater than the efforts required to make a change!



Seat adjustment

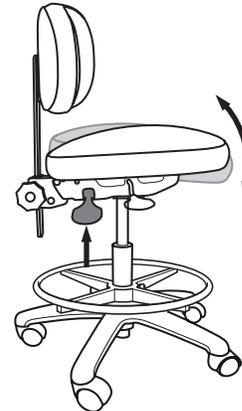
①



- **Pneumatic seat height**

Raise or lower the seat to allow your thighs to be parallel to the floor and your feet to rest flat, either on the floor or on the foot rest. Avoids pressure under your thighs and eases blood flow.

②

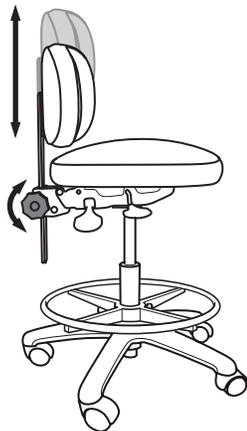


- **Seat angle**

Adjust the seat angle to avoid pressure on your thighs and slipping forward. This helps reduce disc pressure during forward leaning tasks.

Back rest adjustment

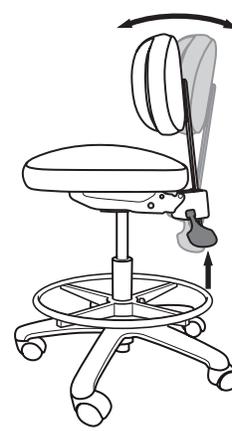
③



- **Back height**

Raise or lower the backrest to position it in your lumbar area (bottom curve). Reduces likelihood of back pain.

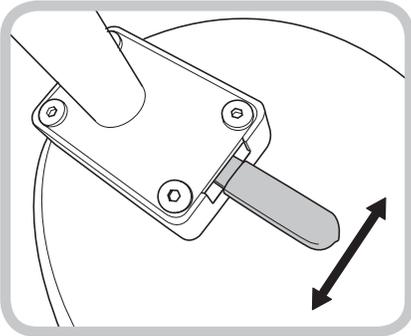
④



- **Back angle**

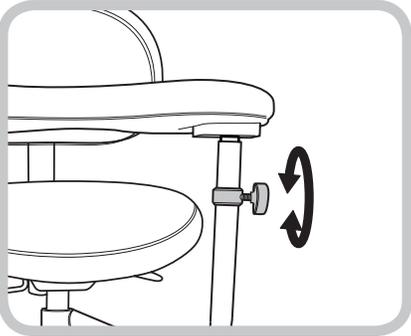
Adjust the back to change the angle of your torso in relation to your thighs. Helps reduce disc pressure and relaxes your back muscles.

Torso support adjustment



In/out adjustment

Your Posiflex 8 is equipped with a bi-directional ratchet mechanism located underneath the torso support:
 Pull it inward and it allows an adjustment of the torso support closer to you.
 Push it outward and it allows the torso support to be pushed out of the way.



Up/down adjustment

To allow for maximum support, you can adjust the torso support up or down by slightly unscrewing the height adjustment knob. Tighten securely when the desired height is obtained.
 Optimal working position : shoulders relaxed and elbows well supported.

Working with my Posiflex 8

The time it takes to get used to working with the Posiflex 8 in your practice may vary depending on your current work methods, equipment, and environment. Posiflex 8 was designed with the comfort and support of the dental assistant in mind.

Suggestions	How to?
Face the dentist	Works best when the assistant is facing as opposed to being sideways to the patient chair and the dentist - reduces body torsion. Make sure there is enough room for your legs under the patient chair. If necessary, move the patient chair up with the backrest flat (see DVD or website).
Keep your body straight	The Posiflex 8 torso shape is designed to favor a more centered sitting position.
Lumbar support	Ask someone to help you adjust the backrest for optimal contact with the small of your back (see DVD or website).
Upper body relaxed	Do not struggle to maintain support. It isn't possible to remain supported all of the time. Learning to relax your shoulders takes the body time to build habits. Adjust the torso support up or down to feel your shoulders relaxed.
Torso support	Designed for left and right use with a simple, at the tip of your fingers, adjustment (no tools required).

Maintenance

Our products are made from high quality materials to offer you comfort and durability.

Our regular upholstery (Naugahyde, Naugasoft) contains agents to protect it against bacterial and fungal micro-organisms. A soft soap and water are to be used for regular cleaning.

When disinfection is required, use a stabilized hydrogen peroxide disinfectant or a low alcohol concentration product (<16 %) for all components.

Limited Warranty

Posiflex warrants its products to be free from defects in parts and workmanship under normal use * and service for a period of (2) two years from date of shipment. Posiflex will not be responsible for any product failure due to abuse, misuse, modification or improper use or for any use which exceeds the published capacity of the product. Products returned by prepaid freight for inspection and found defective will, at the option of Posiflex, be repaired or replaced at no charge, but no claim for outside labor or other charges will be allowed. Products must not be returned without proper written authorization from Posiflex. Requests for authorization must be in writing and accompanied by the original purchase order, Posiflex invoice number and a copy of the invoice for the product. This warranty is exclusive and in lieu of all other warranties and remedies whatsoever, including but not limited to implied agent, employee, or representative of Posiflex has any authority to make any affirmation, representation, or warranty not set forth in these terms and conditions concerning any products of Posiflex. Posiflex shall have no liability whatsoever for damages caused by transportation, accidents, fire, unauthorized alteration, or normal wear or abuse, nor shall Posiflex have any liability whatsoever for any incidental or consequential damages, including without limitation, lost profits or any such damages arising from (a) the design, manufacture, sale delivery, installation, repair, operation or use of products of Posiflex or any part thereof, (b) any actual or alleged failure or defect in products of Posiflex or any part thereof, or (c) any actual or alleged breach or non-performance by Posiflex of this limited warranty.

* The disinfection is not part of the normal use.